

# 10x10x10

## GREEN & THRIFTY CLEANING PRODUCTS

### 10 MAGIC INGREDIENTS SHOPPING LIST:

#### BATHROOM CLEANER:

- 3/4 c. baking soda
- Juice from 1/2 a lemon (about 1/4 c)
- 3 tablespoons salt
- 3 tablespoons liquid dishwashing soap
- 1/2 cup vinegar
- 10 drops essential oil (optional)

Mix all ingredients together in a medium bowl to make a paste; use scrub brush or sponge to apply to tub, shower walls, & sinks. (Be sure to test a small area to make sure paste does not scuff tub surface; if so, eliminate the salt from the mixture! Rinse well with water and a wet rag, then dry with a clean rag or old towel.

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#### TOILET BOWL CLEANER:

- 1 cup baking soda
- 1 cup vinegar
- 10 drops essential oil (optional)

Turn off flow valve to toilet & flush 1 or 2 times until water is drained. Pour in baking soda, then slowly pour in vinegar, being sure to get vinegar to cover as much of the bowl surface as possible, then add essential oil. The baking soda will react with the vinegar--this is normal! Use your toilet brush to scrub surface & remove any rings or stains. Turn water back on and flush.

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#### FURNITURE POLISH

- 3/4 cup olive oil
- Juice from 1/4 lemon
- 1 tablespoon vinegar
- 3-4 drops lemon essential oil (optional)

Dampen rag & squeeze out excess water. Dip damp rag into furniture polish, then wipe on surface of furniture. Buff off with an old towel. Can also be used to polish stainless steel!

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#### GLASS CLEANER

- 1 1/2 cups vinegar
- 1 1/2 cups water
- 5-10 drops essential oil (optional)

Mix vinegar, water, & essential oil together in spray bottle. Spray on glass & use squeegee, crumpled newspaper (Tip: use newspapers that are at least 2 weeks old to avoid black fingers!), or a lint-free rag to get a streak-free shine. Also works well to shine chrome and countertops after you've disinfected them.

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#### ALL PURPOSE CLEANING SPRAY

- 1 tablespoon borax
- 1 tablespoon washing soda
- 1 teaspoon dishwashing soap
- 1 cup vinegar
- 4 cups hot water
- 25-30 drops essential oil

Whisk all ingredients together well in large bowl, then pour into spray bottle. Spray on, then wipe surface clean with a damp cloth. Can be used to clean and disinfect almost any surface!

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#### HOMEMADE DISHWASHING DETERGENT

- 1 cup baking soda
- 1 cups borax
- 1/2 cup salt
- vinegar (add to rinse compartment!)

Mix first three ingredients well & store in airtight container. To use, add 1 tablespoon to each of the 2 compartments in your dishwasher and 2 tablespoons of vinegar to

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#### FLOOR CLEANER

- 1 cup vinegar
- 1/2 cup baking soda
- 8-10 cups hot water
- 1 tablespoon borax
- 1 tablespoon washing soda
- 30 drops essential oil (optional)

Mix vinegar & baking soda together in bucket; add hot water, Borax, washing soda, & essential oil and mix until all powder is dissolved. Use mop or sponge to wipe down floor; wipe dry with clean dry towel.

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#### FABRIC SOFTENER

- vinegar
- essential oil (optional)

Add 1/4-1/2 cup vinegar with several drops of your favorite essential oil to the rinse cycle (or simply place in fabric softener compartment of your front load washer.)

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#### STAINLESS STEEL CLEANER

- 2 tablespoons baking soda
- 1/2 cup vinegar
- 2 cups warm water

Mix ingredients in spray bottle. Mixture will foam up; when it stops bubbling, put on cap and spray stainless steel surface, then wipe clean & dry with lint-free rag. To add extra shine, use furniture polish.

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#### HOMEMADE LAUNDRY DETERGENT

- 1 bar Ivory soap
- 1 cup borax
- 1 cup washing powder

This homemade laundry detergent is so cheap and easy to make that you will kick yourself for not trying it until now. Place Ivory soap in a large microwave safe bowl. Heat in the microwave for 2 minutes, until soap turns to foam. Quickly stir foam until it becomes small soap chips, then mix well with borax and washing powder. Allow to cool completely, then store in airtight container. Use 1-2 tablespoons per load. (Tip: This detergent works best in warm or hot water; for cold water washing you may want to first dissolve in 1/4 c. of hot water.)

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